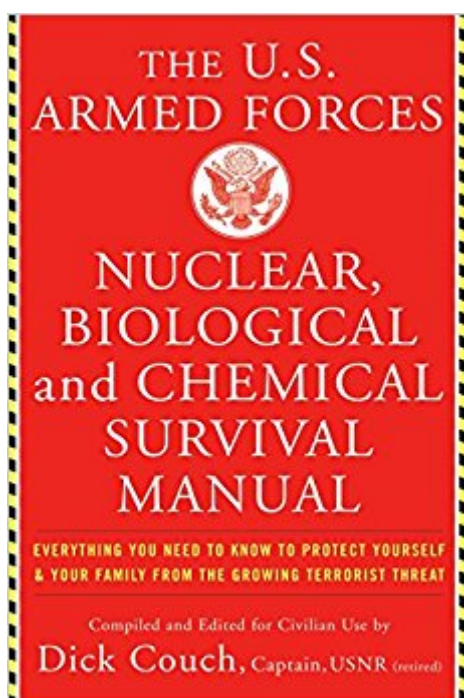


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# U.S. Armed Forces Nuclear, Biological And Chemical Survival Manual



## Synopsis

In an era of geopolitical instability, terrorism, and the threat of a North Korean missile attack, military experts teach you how to survive the worst-case scenarios we all dread. If a dirty bomb explodes three miles from your home, will you know what to do? If a nerve agent is released into a train or building, can you be safe? The U.S. Armed Forces Nuclear, Biological and Chemical Survival Manual gives you the information you need to survive a terrorist attack. It contains the best practices of all the United States' military services, adapted for the first time for civilian use. With this manual, you will be able to take action to protect your family and loved ones, whether you are just beginning to think about the possibility of attack, or are well along the path of equipping yourself against a nuclear, biological, or chemical strike. This manual will show you how to:

- Protect yourself during a chemical or biological attack
- Guard against the radiological effects of a "dirty bomb"
- Assist victims of nuclear, chemical or biological agents
- Recognize the indicators of nuclear, chemical and biological attack
- Develop a simple and effective family action plan
- Assemble and store the everyday materials that could save your life
- Help first responders and local authorities in the event of a terrorist attack

## Book Information

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## Customer Reviews

Preparing for the unthinkable is the key to our Code Orange way of life, according to this fact-filled but awkwardly packaged primer. Couch, an ex-Navy Seal and author of *The Warrior Elite*, has culled military and government publications for "best practices" in coping with nuclear, biological and chemical attacks, which he presents along with gruesome lore on the history, use and effects of NBC weapons. There's a lot of information, but much of it is not for the average reader. One chapter

covers protective military gear that Couch concedes is not very appropriate for civilians, and half the book is taken up by appendices, including a lengthy one of NBC casualty treatment protocols for doctors and nurses. While many of the procedures here require special equipment and training, there are some simple tips for laypeople. Curling up in a basement corner after a nuclear blast, for example, can cut your radiation dose by a factor of ten (provided you are outside the "100 percent lethality " zone), while heavy clothing and a wet cloth over the nose and mouth help protect in a chemical or biological strike. After an attack, most fallout/toxins/spoors can be washed off, preferably with diluted bleach. And do use that duct tape. The manual is written in a dryly technical, safety-label style whose authoritative tone is reassuring ("If exposed to a chemical attack and protective gear is not available, attempt to seek shelter and to minimize the inhalation of the agent"). Readers will hopefully never need to use any of this advice, but some may sleep easier knowing they could. Copyright 2003 Reed Business Information, Inc.

Dick Couch, Captain, U.S. Navy (retired), is a former Navy SEAL, combat veteran and CIA case officer. He is the author of four novels, SEAL Team One, Pressure Point, Silent Descent, and Rising Wind, and a nonfiction book on the training of navy SEALs, The Warrior Elite. An avid skier and fly fisherman, Dick and his wife, Julia, live in central Idaho.

This book seems to cover it all. If times could get as bad as some on the fringe are saying, this would be a great book to have around.

less info than i was looking for fair book fair read

No problems

Excellent well written read. Good hands-on advice on steps one can take to help survive a nuclear, radiation, biological or chemical attack or disaster. Written to a great extent in laymen's terms and language to allow ease of understanding.

Definitely a good book to add to your library

very good information to have if the whole country doesnt get nuked or you dont take a direct hit, the part about the biological attacks are helpul, nasty stuff, chemical and biological agents, hope we

never have to find out.

Mostly geared toward the military, a lot of equipment he mentions isn't available to civilians, but a good starting point for learning about survival skills. Better info available on the CDC website to help civilians handle these types of emergencies. Check into it, and get a good 72 hr kit (bug out bag).

Very useful info but published too long ago to be totally relevant given new threats. I have to say though that even that long ago it already addressed many of the concerns we have today. I missed to check for publishing date before I bought it

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